

Day Surgery & Surgical Admission

Patient Information

www.interiorhealth.ca

IMPORTANT INFORMATION – PLEASE READ THOROUGHLY

Patient _____

Surgeon _____

Surgery Date _____

Call 250-314-2100 Local 3150 or
Toll Free 1-877-288-5688 local 3150
between 7:00 AM and 12:15 PM on:

_____ (1 week prior to
your surgery date) to receive the
time to report to Admitting on the
day of surgery. If this date falls on
a holiday call the day before (i.e.
Monday holiday – call Friday). If you
are unable to call, please arrange
for someone to call for you.

You will be admitted to
hospital following your
surgery: ☐ Yes ☐ No

Pre-Surgical Screening Clinic

You will be contacted by Pre-Surgical
Screening by phone prior to your
surgery. Their phone number will
display as a private number. You may
be required to attend the clinic or
have diagnostic testing before your
surgery. All patients will be contacted
except patients having eye surgery.
If you have not been notified 3 days
prior to your surgery, please call
250-314-2837 between 1:00 and 6:00
PM and leave a message (Toll free
1-877-288-5688 local 2837).

Day Surgery Patients

Expect to be at the hospital for 2–8
hours. A responsible adult must come
to Day Surgery prior to your surgery
and after your surgery to receive
instructions about your care, then
accompany you home and stay with
you overnight. **Your surgery
will be cancelled if this has not
been arranged.**

You cannot drive for 24 hours,
you are considered impaired. You
cannot go home by taxi unless you
are accompanied.

If you are on any of the
following medications,
please check with your
surgeon as soon as possible
to see if they should be
stopped prior to surgery:

Blood thinners – i.e. –
Aspirin, Plavix, Ticlid,
Warfarin, Coumadin

Non Steroidal
Antinflammatories – i.e.
– Celebrex, Ibuprophen,
Mobicox

Fasting Instructions

- No solid food, gum or candy
after midnight the evening
before your surgery.
- You may have water or apple
juice up to 2 hours prior to your
arrival time in Admitting

- Take all morning prescription
medication – including pain
medication - as advised by
Pre-Surgical Screening or your
surgeon, with a sip of water.

**DO NOT TAKE DIABETIC
MEDICATIONS ON THE DAY
OF YOUR SURGERY** – please
bring them with you.

Exceptions:

Patient having eye surgery and all
children will be given specific fasting
instruction when you are called by
Pre-Surgical Screening or when you
call for your arrival time.

***** FAILURE TO
FOLLOW THE FASTING
INSTRUCTIONS WILL
RESULT IN POSTPONEMENT
OF YOUR SURGERY *****

Unexpected Illness

Contact your surgeon's office as soon
as possible if any of the following
occur – you develop a cold, flu,
fever, skin infection, other illness, or
suspect you may be pregnant within 1
week of your surgery.

moreinformationonotherside →

Healthlink BC

Dial 8-1-1

Talk to a Nurse 24 hours/day, 7 days/week
Pharmacist available between 5 p.m. - 9 a.m. daily
Dietitian between 9 a.m. - 5 p.m. - Monday to Friday
www.healthlinkbc.ca



Interior Health

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Postponement of Surgery

By you:

If you're unable to keep your surgery date, contact your surgeon's office at least 48 hours before your surgery.

By the hospital:

This may occur even on the day of surgery due to unforeseen circumstances. If this occurs, you must call your surgeon's office to be rescheduled

Day of Surgery

Bathe or shower & shampoo the night before and/or the morning of your surgery with unscented soap. Do not wear make-up, nail polish, skin lotions/creams or perfume. Remove all body piercings.

Remove contact lenses – wear glasses or bring a case for contact lenses or glasses.

Wear loose, comfortable clothing.

The hospital is not responsible for personal belongings – please leave all valuables/jewelry at home.

Caregivers/parents of special needs individuals must remain in the hospital the day of surgery.

If you are to be Admitted following your surgery:

Bring a small overnight bag only – everything else will need to be sent home.

Cell phones are not allowed in certain areas – please check with your nurse.

Visiting hours for family/friends are from 3:00 to 8:00 PM. Please respect these times.

Medication

Unless directed by Pre-Surgical Screening, bring all prescription medication with you on the day of surgery, as the hospital does not carry all medication. Once these are identified, be prepared to have someone take other medication home.

Planning For Discharge

Plan for your discharge before surgery including:

Rides, caregivers at home, equipment needs.

You must be prepared for discharge at any time – make arrangement for picked up as soon as possible when discharged by your physician. You will be required to wait in the patient lounge until your ride arrives.

Discuss any concerns with your surgeon, the Pre-Admission Clinic Nurse, or the ward nurse.

Due to a Provincial Mandate, Interior Health is a Smoke Free Environment – no smoking is permitted on RIH property – patients must leave the property to smoke. Please contact your physician to discuss smoking cessation or nicotine replacement products prior to your stay in hospital to make your hospital stay more comfortable.

Pediatric Patients

Do not bring other children with you.

Bring a favourite toy or blanket for your child. If appropriate, bring a bottle of milk/juice for your child to have after surgery.

Parent(s)/guardians are asked to accompany your child to the Operating Room holding area and remain in the hospital the day of surgery. The anaesthetist and/or the surgeon may wish to speak to you.

Parents of children who are admitted overnight are to return to 5 South/Pediatrics to await the return of your child.

Parents/guardians are requested to participate in providing care and comfort to your child until he/she is ready to return home.

Contact your surgeon's office if you child has been in recent contact (2–3 weeks) with a communicable disease (chicken pox, measles, etc.).

NOTE: Royal Inland is a Scent Free and Smoke Free Environment